

SCENE 23 • GRAMMAR

Me levanto, me ducho

Daily routines with reflexive verbs

5 Exercises · Duration: 15 min.

The first week at work

Spanish

The action comes back to the person

The dictionary form **levantarse** means get up. In **me levanto**, **me** refers to the person doing the action. It comes before the conjugated verb. Learn the small word with each person: **me, te, se, nos, os, se**. These are reflexive verbs.

LEVANTARSE

Person	Routine
yo	me levanto
tú	te levantas
él / ella / usted	se levanta
nosotros / nosotras	nos levantamos
vosotros / vosotras	os levantáis
ellos / ellas / ustedes	se levantan

Two everyday patterns

Ducharse follows the same regular endings: **me ducho, te duchas, se ducha, nos duchamos, os ducháis, se duchan**. **Acostarse** changes its stem in some forms: learn **me acuesto** as I go to bed. The full pattern comes later with other stem changes.

GRAMMAR**G1) CHOOSE THE FORM FOR THE MESSAGE**

Choose the right word for the gap.

Meaning: I get up early.

1 Yo _____ levanto temprano.

- ☐ A me
- ☐ B te
- ☐ C se

Meaning: You shower.

2 Vosotros _____ ducháis.

- ☐ A se
- ☐ B nos
- ☐ C os

Meaning: Marta gets up at seven.

3 Marta _____ a las siete.

- ☐ A me levanto
- ☐ B te levantas
- ☐ C se levanta

Meaning: We shower.

4 Nosotras nos _____.

- ☐ A duchan
- ☐ B duchamos
- ☐ C ducháis

G2) COMPLETE A USEFUL EXCHANGE

Fill the gaps with the words from the box.

Meaning: What time do you get up?

te me

¿A qué hora _____ levantas?

Meaning: They get up late.

se nos

Ellos _____ levantan tarde.

Meaning: I shower and we get up.

me os nos

Yo _____ ducho y nosotros _____ levantamos.

G3) PUT THE MESSAGE TOGETHER

Put the words in order.

Meaning: I get up at half past six.

1 levanto media. seis a Me y las

Meaning: You shower in the morning.

2 la ducháis Os mañana. por

Meaning: They get up late.

3 levantan Se tarde.

G4) CONNECT THE MESSAGE AND ITS MEANING

Match the pairs.

- | | |
|------------------|--------------------------------|
| ① nos levantamos | Ⓐ we get up |
| ② me levanto | Ⓑ you shower (familiar plural) |
| ③ os ducháis | Ⓒ I get up |

G5) CHECK THE CONTRAST IN A NEW CONTEXT

Fill the gaps with the words from the box.

Meaning: You shower. We shower.

nos me te

Tú _____ duchas. Nosotros _____ duchamos.