

Get help and explain how you feel

Module 8: A bad day

5 Exercises · Duration: 15 min.

A bad day

Spanish

Symptoms and asking about health

Like **gustar**, **doler** uses a small word for the person: **Me duele la cabeza**. One body part takes **duele**; several take **duelen**: **Me duelen los oídos**. Two named parts also take the plural: **Me duelen la cabeza y la garganta**.

Appointments and personal details

Necesito una cita asks for an appointment. **¿Le va bien?** asks whether the suggested time suits someone politely. **No me va bien** declines it; **¿Hay alguna antes?** asks for an earlier one. This is a useful set of phrases, not a new tense.

Duration, a start point and simple advice

Desde el sábado gives a starting point: **Me duele desde el sábado**. **Desde hace dos días** gives elapsed time continuing now. Spanish uses a present form for this: **Estoy enferma desde hace dos días**. It also works for living somewhere: **Vivo aquí desde hace tres meses**.

Clear repair language and asking about an item

No entiendo means I do not understand. **¿Puede repetir, por favor?** asks for repetition politely. **¿Qué significa...?** asks a meaning. **¿Cómo se dice... en español?** asks how to say something. These help you continue the conversation rather than guessing.

Dormir, stem changes and a health recap

Dormir is an -ir verb with a stem change. As with **poder**, **nosotros** and **vosotros** keep the original vowel. The other forms have **o → ue**. The endings still belong to -ir.

DORMIR IN THE PRESENT

Person	Form	Meaning
yo	duermo	I
tú	duermes	you, familiar singular
él / ella / usted	duerme	he / she / you politely
nosotros / nosotras	dormimos	we
vosotros / vosotras	dormís	you, familiar plural in Spain
ellos / ellas / ustedes	duermen	they / you politely plural

GRAMMAR**G1) MIX THE MODULE'S GRAMMAR**

Choose the right word for the gap.

Meaning: My ears hurt.

1 Me _____ los oídos.

- ☐ A duele
- ☐ B duelen
- ☐ C duelo

Meaning: I have been ill since Saturday.

2 Estoy enfermo _____ el sábado.

- ☐ A desde
- ☐ B desde hace
- ☐ C a

Meaning: They sleep well.

3 Ellas _____ bien.

- ☐ A dormen
- ☐ B dormimos
- ☐ C duermen

Meaning: We close at six.

4 **Nosotros _____ a las seis.**

- ☐ A cierramos
- ☐ B cierran
- ☐ C cerramos

Meaning: I no longer have a fever.

5 **Ya _____ tengo fiebre.**

- ☐ A nunca
- ☐ B ni
- ☐ C no

G2) USE IT IN A NEW CONVERSATION

Fill the gaps with the words from the box.

Meaning: An appointment on Monday at four.

a de

Una cita el lunes _____ las cuatro.

Meaning: I have lived here for three months.

desde hace desde

Vivo aquí _____ tres meses.

Meaning: My throat hurts. My ears hurt.

las los la

Me duele _____ garganta. Me duelen _____ oídos.

G3) MAKE CLEAR SHORT MESSAGES

Put the words in order.

Meaning: Can you speak more slowly?

1 ¿Puede más despacio? hablar

Meaning: I cannot go to work today.

- 2 hoy. No al ir puedo trabajo
-

Meaning: We sleep eight hours at night.

- 3 horas Dormimos la noche. por ocho
-

G4) USE THE RIGHT MESSAGE

Choose the right words for the situation.

- 1 **You still have a sore throat, but your fever has gone. Give an accurate update. You say:**

- (A) Me encuentro muy bien. No me duele nada.
- (B) Ya no tengo fiebre. Todavía me duele la garganta.
- (C) Tengo fiebre y no me duele la garganta.

G5) MAKE THE MESSAGE ABOUT YOURSELF

Fill the gaps with the words from the box.

Meaning: I am ill.

enfermo

Lukas: Estoy _____.

Meaning: I am ill.

enferma

Lena: Estoy _____.

Meaning: I am tired.

cansado

Lukas: Estoy _____.

Meaning: I am tired.

cansada

Lena: Estoy _____.