

SCENE 36 • GRAMMAR

Man sāp galva

Health and how you feel

6 Exercises · Duration: 20 min.

A bad day

Latvian

Read & listen online



Health and how you feel

For pain, the person is dative and the body part is nominative:

man sāp galva, my head hurts; **jums sāp kakls**, your throat hurts.

Sāp stays the same in singular and plural everyday pain statements.

Feeling uses the reflexive verb **justies**: **jūtos**, **jūties**, **jūtas**, **jūtamies**, **jūtaties**, **jūtas**. A describing word can be an adverb: **Es jūtos slikti**. With be use the gender adjective **slims/slima**.

A starting time uses **kopš** plus genitive: **kopš sestdienas**. The ongoing state uses present: **Kopš sestdienas man sāp kakls**. To say cannot come use **nevaru nākt**, the already taught negative modal.

Form	Example	Meaning
Man	Man sāp galva.	My head hurts.
Jums	Jums sāp kakls.	Your throat hurts, polite.
jūtos	Es jūtos slikti.	I feel bad.
jūties	Tu jūties slikti.	You feel bad, familiar.
jūtamies	Mēs jūtamies slikti.	We feel bad.
jūtaties	Jūs jūtaties slikti.	You feel bad, polite.
slims · slima	Es esmu slims. Es esmu slima.	I am ill.

Form	Example	Meaning
slims · slima	Jūs esat slims. Jūs esat slima.	You are ill, polite.

Man sāp galva.

My head hurts.

Jums sāp kakls.

Your throat hurts, polite.

Es jūtos slikti.

I feel bad.

Tu jūties slikti.

You feel bad, familiar.

Mēs jūtamies slikti.

We feel bad.

Jūs jūtaties slikti.

You feel bad, polite.

Es esmu slima (**slims**).

I am ill.

Jūs esat slima (**slims**).

You are ill, polite.

GRAMMAR**G1) NOTICE THE USEFUL PATTERN**

Underline the form practised in this unit.

1 Man sāp galva.

Meaning: My head hurts.

2 Jums sāp kakls.

Meaning: Your throat hurts, polite.

3 Es jūtos slikti.

Meaning: I feel bad.

4 Tu jūties slikti.

Meaning: You feel bad, familiar.

G2) CHOOSE THE FORM

Use the English meaning and the pattern in this unit.

1 _____ sāp galva.

- ☐ A Tev
- ☐ B Jums
- ☐ C Man

Meaning: My head hurts.

2 _____ sāp kakls.

- ☐ A Mums
- ☐ B Jums
- ☐ C Man

Meaning: Your throat hurts, polite.

3 Es _____ slikti.

- ☐ A jūties
- ☐ B jūtamies
- ☐ C jūtos

Meaning: I feel bad.

4 Tu _____ slikti.

- ☐ A jūties
- ☐ B jūtaties
- ☐ C jūtos

Meaning: You feel bad, familiar.

5 Mēs _____ slikti.

- ☐ A jūtamies
- ☐ B jūtas
- ☐ C jūtaties

Meaning: We feel bad.

6 Jūs _____ slikti.

- ☐ A jūtaties
- ☐ B jūtos
- ☐ C jūtamies

Meaning: You feel bad, polite.

7 Es esmu _____.

- ☐ A slimi
- ☐ B slima
- ☐ C slimas

Meaning: I am ill.

8 Jūs esat _____.

- ☐ A slimas
- ☐ B slima
- ☐ C slimi

Meaning: You are ill, polite.

G3) COMPLETE THE MESSAGES

Fill the gaps with the words from the box.

jūtos jūties

Es _____ slikti.

Meaning: I feel bad.

jūties jūtos

Tu _____ slikti.

Meaning: You feel bad, familiar.

jūtamies jūtaties

Mēs _____ slikti.

Meaning: We feel bad.

jūtaties jūtos

Jūs _____ slikti.

Meaning: You feel bad, polite.

slima slimi

Es esmu _____.

Meaning: I am ill.

slima slimi

Jūs esat _____.

Meaning: You are ill, polite.

G4) BUILD A SENTENCE

Put the words in order.

1

sāp

Man

galva.

Meaning: My head hurts.

2 Jums kakls. sāp

Meaning: Your throat hurts, polite.

3 Es slikti. jūtos

Meaning: I feel bad.

4 jūties Tu slikti.

Meaning: You feel bad, familiar.

5 Mēs slikti. jūtamies

Meaning: We feel bad.

- 6 slikti. Jūs jūtaties

Meaning: You feel bad, polite.

G5) WHAT WOULD YOU SAY?

Choose the right words for the situation.

1 My head hurts. You say:

- ☐ A Tev sāp galva.
- ☐ B Man sāp galva.

2 Your throat hurts, polite. You say:

- ☐ A Man sāp kakls.
- ☐ B Jums sāp kakls.

3 I feel bad. You say:

- ☐ A Es jūties slikti.
- ☐ B Es jūtos slikti.

4 You feel bad, familiar. You say:

- (A) Tu jūties slikti.
- (B) Tu jūtos slikti.

G6) CONNECT MESSAGES AND MEANINGS

Match the pairs.

- | | |
|--------------------------|--------------------------------|
| (1) Tu jūties slikti. | (A) You are ill, polite. |
| (2) Es esmu slima. | (B) My head hurts. |
| (3) Es jūtos slikti. | (C) Your throat hurts, polite. |
| (4) Mēs jūtamies slikti. | (D) You feel bad, polite. |
| (5) Jūs esat slima. | (E) You feel bad, familiar. |
| (6) Jums sāp kakls. | (F) We feel bad. |
| (7) Jūs jūtaties slikti. | (G) I am ill. |
| (8) Man sāp galva. | (H) I feel bad. |