

get up, have a shower, like reading

Daily routines and enjoyable activities

6 Exercises · Duration: 20 min.

The first week at work

English

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Daily routines and enjoyable activities

Describe a routine with present simple verbs: **I get up at half past six, I have a shower, I go to work.** British **have a shower** is a natural everyday phrase.

After **like/love/enjoy**, an **-ing** activity is common: **I like reading, I love cooking, I enjoy running.** **Like to read** is also possible; **enjoy** needs the **-ing** form.

Keep the sequence clear with **first, then** and **after that**: **First I have a shower. Then I have breakfast.** Meals in general usually take no article: **have breakfast, have lunch.**

Form	Example	Meaning
get	I get up at half past six.	Describe your usual waking routine.
a	I have a shower.	Use the ordinary British phrase.
reading	I enjoy reading.	Say reading is an enjoyable activity.
Then	First I have a shower. Then I have breakfast.	Put breakfast after the shower in the sequence.

Form	Example	Meaning
goes	Jack goes to bed in the morning.	Describe Jack's routine.
breakfast	I have breakfast at seven.	Name the routine meal without an article.

I get up at half past six.

Describe your usual waking routine.

I have a shower.

Use the ordinary British phrase.

I enjoy reading.

Say reading is an enjoyable activity.

First I have a shower. Then I have breakfast.

Put breakfast after the shower in the sequence.

Jack goes to bed in the morning.

Describe Jack's routine.

I have breakfast at seven.

Name the routine meal without an article.

GRAMMAR**G1) NOTICE THE PATTERNS**

Underline the form described in this unit.

- 1 I get up at half past six.

Meaning: Describe your usual waking routine.

- 2 I have a shower.

Meaning: Use the ordinary British phrase.

- 3 I enjoy reading.

Meaning: Say reading is an enjoyable activity.

- 4 First I have a shower. Then I have breakfast.

Meaning: Put breakfast after the shower in the sequence.

- 5 Jack goes to bed in the morning.

Meaning: Describe Jack's routine.

- 6 I have breakfast at seven.

Meaning: Name the routine meal without an article.

G2) CHOOSE THE FORM

Choose the right word for the gap.

- 1 I _____ up at half past six.

- ☐ A gets
- ☐ B getting
- ☐ C get

Meaning: Describe your usual waking routine.

- 2 I have _____ shower.

- ☐ A an
- ☐ B a
- ☐ C some

Meaning: Use the ordinary British phrase.

3 I enjoy _____.

- ☐ (A) reading
- ☐ (B) read
- ☐ (C) to read

Meaning: Say reading is an enjoyable activity.

4 First I have a shower. _____ I have breakfast.

- ☐ (A) Then
- ☐ (B) Never
- ☐ (C) Before

Meaning: Put breakfast after the shower in the sequence.

5 Jack _____ to bed in the morning.

- ☐ (A) going
- ☐ (B) goes
- ☐ (C) go

Meaning: Describe Jack's routine.

6 I have _____ at seven.

- (A) breakfast
- (B) a breakfasting
- (C) the a breakfast

Meaning: Name the routine meal without an article.

G3) COMPLETE A SHORT MESSAGE

Fill the gaps with the words from the box.

gets get

I _____ up at half past six.

Meaning: Describe your usual waking routine.

an a

I have _____ shower.

Meaning: Use the ordinary British phrase.

read reading

I enjoy _____.

Meaning: Say reading is an enjoyable activity.

Before Then

First I have a shower. _____ I have breakfast.

Meaning: Put breakfast after the shower in the sequence.

go goes

Jack _____ to bed in the morning.

Meaning: Describe Jack's routine.

a breakfasting breakfast

I have _____ at seven.

Meaning: Name the routine meal without an article.

G4) BUILD USEFUL SENTENCES

Put the words in order.

1 I at six. half up past get

Meaning: Describe your usual waking routine.

2 I a have shower.

Meaning: Use the ordinary British phrase.

3 I enjoy reading.

Meaning: Say reading is an enjoyable activity.

4 I shower. a breakfast. First have I Then have

Meaning: Put breakfast after the shower in the sequence.

5 goes Jack bed morning. to the in

Meaning: Describe Jack's routine.

6 seven. breakfast I at have

Meaning: Name the routine meal without an article.

G5) WHAT WOULD YOU SAY?

Choose the right words for the situation.

1 Describe your usual waking routine. You say:

- ☐ A I gets up at half past six.
- ☐ B I get up at half past six.

2 Use the ordinary British phrase. You say:

- ☐ A I have an shower.
- ☐ B I have a shower.

3 Say reading is an enjoyable activity. You say:

- ☐ A I enjoy read.
- ☐ B I enjoy reading.

4 Put breakfast after the shower in the sequence. You say:

- ☐ A First I have a shower. Then I have breakfast.
- ☐ B First I have a shower. Before I have breakfast.

G6) CONNECT MESSAGES AND MEANINGS

Match the pairs.

- | | |
|---|---|
| ① First I have a shower. Then I have breakfast. | ① A Name the routine meal without an article. |
| ② I get up at half past six. | ② B Say reading is an enjoyable activity. |
| ③ Jack goes to bed in the morning. | ③ C Put breakfast after the shower in the sequence. |
| ④ I have breakfast at seven. | ④ D Describe your usual waking routine. |
| ⑤ I enjoy reading. | ⑤ E Use the ordinary British phrase. |
| ⑥ I have a shower. | ⑥ F Describe Jack's routine. |